

Kathryn Betts Adams, Ph.D., MSW, LISW-S,

Associate Professor of Social Work
Mandel School of Applied Social Sciences
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Education and Professional Licensure

Ph.D. in Social Work, University of Maryland (2001)

Masters in Social Work, University of Michigan-Ann Arbor (1984)
Graduate Courses in Social Work, University of Wisconsin–Madison

B.A. Magna cum Laude, Macalester College, St. Paul, Minnesota

Licensed Independent Social Worker (LISW-S)—Ohio, # I 0500039 (2005-present).

Licensed Clinical Social Worker (LCSW-C)—Maryland, # 6610 (1990-2006).

Academic Appointments

Mandel School of Applied Social Sciences (MSASS), Case Western Reserve University,
Cleveland, Ohio

Associate Professor with Tenure: July, 2011

Assistant Professor, tenure-track: 2005-June 2011

Instructor: July, 2003-May, 2005

University Memory and Aging Center (UMAC), Case Western Reserve University

Faculty Research Associate: 2003-2008

Research Participation

Funded Research Activity

1. *A longitudinal study of the effects of coping resources on older women with chronic illness.* (Co-Principal Investigator with Dr. Camille Warner, Francis Payne Bolton School of Nursing, 2009-2010.) **University Center on Aging and Health and McGregor Foundation.** \$20,000 pilot grant funded for one year.
2. *A Mixed Methods Examination of the Depressive Experience in Vulnerable Elders: Symptoms, Perceived Causes, Meaning and Measurement.* (Principal Investigator., 2008-2009). **Mandel School Research and Training Development Grant.** \$4500 to fund efforts to develop an NIH grant proposal to follow from the data from the Hartford project below.

3. *Subthreshold depression among older adults in congregate housing: Characterization and screening.* **John A. Hartford Foundation Geriatric Social Work Faculty Scholar** (Principal Investigator, 2006-2008). Provided \$100,000 research support, plus professional development and mentoring to complete a research project.
4. *A Computer-Mediated Caregiver Booster Group.* **Alzheimer's Association** (Co-Investigator; Kathleen Smyth, Principal Investigator, 2006-2009). A 3-year grant of \$275,000 to complete an intervention study.
5. *The Experience of Early Stage Dementia.* **Case Western Reserve University Support** (2005-2006). Approximately \$10,000 used from start up funds provided.
6. *Best Practices and Innovations in Aging Practice.* **McGregor Foundation Innovations in Aging** (Co-Investigator, 2005; Terry Hokenstad, Principal Investigator). Summer salary was provided for curriculum development.
7. *The Transition into Caregiving.* **Alzheimer's Disease Research Center Pilot Project** (Principal Investigator, 2003-2004). \$20,000 awarded for a one year study.

Peer-Reviewed Journal Publications

1. Choi, M., **Adams, K.B.** & Mezuk, B.A. (In press). Examining aging processes through the stress-coping framework: Application to driving cessation in later life. *Aging and Mental Health*.
2. **Adams, K.B.** (2011). Do the GDS and GDS-15 adequately capture the range of depressive symptoms among older adults in congregate housing? *International Psychogeriatrics*. [FirstView online publication, January 27, 2011.] DOI:10.1017/S1041610210002425
3. **Adams, K.B.**, Leibbrandt, S., & Moon, H. (2010). A critical review of the recent literature on activity and well-being in later life. *Ageing and Society*. [FirstView online publication, December 3, 2010.] DOI:10.1017/S0144686X10001091
4. **Adams, K.B.**, Roberts, A.R. & Cole, M.B. (2010). Changes in activity and interests in the Third and Fourth Age: Associations with health, functioning and depressive symptoms. *Occupational Therapy International*, (2011) 18(1), 4-17. [E-pub ahead of print, October 7, 2010].
5. **Adams, K.B.** & Roberts, A.R. (2010). Reported coping strategies and depressive symptoms among African American and white residents of congregate housing. *Journal of Gerontological Social Work*, 53(6), 473-494.
6. Baik, O. & **Adams, K.B.** (2010). Improving the well-being of couples facing cancer: A review of couples-based psychosocial interventions. *Journal of Marital and Family Therapy*. [E-pub ahead of print, May 27, 2010.]
7. **Adams, K.B.** & Sanders, S. (2010). Measurement of developmental change in later life: A validation study of the Change in Activities and Interest Index. *Clinical Gerontologist* 33, 2, 92-108.

8. **Adams, K.B.** & Moon, H. (2009). Characteristics and risk factors of subthreshold depression in vulnerable elders. *Aging and Mental Health*, 13(5), 682-692.
9. **Adams, K.B.**, Matto, H.C. & LeCroy, C.W. (2009). Limitations of Evidence-Based Practice for social work education: Unpacking the complexity. *Journal of Social Work Education*, 45(2), 165-186.
10. Lerner, A.J., McClendon, M., Sami, S., **Adams, K.B.**, Ogrocki, P.K. & Smyth, K.A. (2008). Factors affecting usage patterns of Memantine in Alzheimer's disease. *Alzheimer Disease and Associated Disorders*, 22(2), 137-143.
11. **Adams, K.B.**, McClendon, M.J. & Smyth, K.A. (2008). Personal losses and relationship quality in dementia caregiving. *Dementia: International Journal of Practice and Research*, 7(3), 301-309.
12. **Adams, K.B.** (2008). Specific effects of dementia caregiving: Differences in depressive symptoms of caregiver and non-caregiver spouses. *International Psychogeriatrics*, 20(3), 508-520.
13. **Adams, K.B.** & McClendon, M.J. (2006). Early-stage cognitive impairment: A social work practice and research agenda. *Families in Society*, 87(4), 590-600.
14. **Adams, K.B.** (2006). The transition to caregiving: Experiences of family members embarking on the dementia caregiving career. *Journal of Gerontological Social Work*, 47(3/4), 3-29.
15. Fritsch, T., **Adams, K.B.**, Redd, D., Sias, A. & Herrup, K. (2006). The use of live theater in promoting recruitment and participation of minority elders in Alzheimer's disease research. *Alzheimer Disease and Associated Disorders*, 20(2), 105-111.
16. **Adams, K.B.**, Smyth, K.A. & McClendon, M.J. (2005). Psychosocial resources as moderators of the impact of spousal dementia caregiving on depression. *Journal of Applied Gerontology*, 24(5), 475-489.
17. Sanders, S. & **Adams, K.B.** (2005). Grief reactions and depression in caregivers of individuals with Alzheimer's disease: Results from a pilot study in an urban setting. *Health and Social Work*, 30(4), 287-295.
18. **Adams, K.B.**, Matto, H.C. & Sanders, S. (2004). A confirmatory factor analysis of the Geriatric Depression Scale. *The Gerontologist*, 44, 818-826.
19. **Adams, K.B.**, Sanders, S. & Auth, E. (2004). Loneliness and depression in independent living retirement communities: Risk and resilience factors. *Aging and Mental Health*, 8(6), 475-485.
20. **Adams, K.B.** & Sanders, S. (2004). Alzheimer's caregiver differences in experience of loss, grief reactions, and depressive symptoms across the stages of Alzheimer's disease: A mixed methods analysis. *Dementia: The International Journal of Social Research and Practice*, 3(2) 195-210.
21. **Adams, K.B.** (2004). Changing investment in activities and interests in elders' lives: Theory and measurement. *International Journal of Aging and Human Development*, 58(2) 87-108.

22. **Adams, K.B.** (2001). Depressive symptoms, depletion or developmental change? Withdrawal, Apathy and Lack of Vigor in the Geriatric Depression Scale. *The Gerontologist*, 41, 768-777.
23. **Adams, K.B.**, Matto, H.C., & Harrington, D. (2001). The Traumatic Stress Institute Belief Scale as a measure of vicarious trauma in a national sample of clinical social workers. *Families in Society*, 82, July-August, 363-372.
24. **Adams, K.B.**, Mann, E.S., Prigal, R.W., Fein, A., Souders, T.L. and Gerber, B.S. (1994). Holocaust survivors in a Jewish nursing home: Building trust and enhancing personal control. *Clinical Gerontologist*, Vol. 14, (3) 99-118.
25. Thomas, E.J., **Adams, K.B.**, Yoshioka, M.R., and Ager, R.D. (1990). Unilateral Relationship Enhancement in the treatment of spouses of uncooperative alcohol abusers. *The American Journal of Family Therapy*, Vol. 18, (4) 334 – 344.

Manuscripts under review or in preparation

1. Choi, M.J., **Adams, K.B.** & Kahana, E. The impact of transportation support on driving cessation among community-dwelling older adults. [*Journal of Gerontology: Social Sciences; Revise and Resubmit.*]
2. Choi, M.J., **Adams, K.B.** & Kahana, E. Social factors for driving modification among older drivers. [*Submitted for publication.*]
3. Moon, H., **Adams, K.B.** & Roberts, A. R. Risk factors for depression among oldest-old residents of congregate housing: Contribution of grief. [*Submitted for publication.*]
4. **Adams, K.B.**, Smyth, K.A., Sanders, M., McClendon, M., Menegay, H. & Catalani, N. Differential response to a psychoeducational group for dementia caregivers: A replication study. [*Manuscript in preparation.*]
5. Warner, C.B., **Adams, K.B.**, Roberts, A.R., Paek, M., Arendt, J.A. Loneliness and Depression among Older Women with Chronic Illness. [*Manuscript in preparation.*]
6. **Adams, K.B.**, Warner, C.B., Lee, J., Roberts, A.R. Measurement of Depression in Older Women with Chronic Illness: Racial Differences? [*Manuscript in preparation.*]
7. Warner, C.B., Roberts, A.R., **Adams, K.B.**, Lee, J., et al. Barriers to Self-Management of Chronic Illness among older women. [*Manuscript in preparation.*]

Book Chapters:

1. **Adams, K.B.** (2009). Chapter 12: "Late Adulthood" in J. Ashford and C. LeCroy, *Human Behavior in the Social Environment: A Multi-dimensional Perspective, 4th Edition*, Thomson, Brooks/Cole.

2. **Adams, K.B.** (2009). "Home-based services for older adults: Recent research and best practices." Chapter in *Delivering Home-Based Services: A Social Work Perspective*, Susan Allen and Elizabeth Tracy, Eds., Columbia University Press.
3. **Adams, K.B.** (2006). Chapter 12: "Late Adulthood" in J. Ashford, C. LeCroy and K. Lortie, *Human Behavior in the Social Environment, 3rd Edition*, Thomson, Brooks/Cole, pp. 568-625.
4. **Adams, K.B.** & Corley, C.S. (2000). "Gerontological Social Work," entry in *Encyclopedia of Elder Care*. New York: Springer.

Selected Book Reviews:

1. **Adams, K.B.** (2007). Book review of Markut & Krane (2005), *Dementia Caregivers Share their Stories: A Support Group in a Book*. *Families in Society*. 88(1), 157-158.
2. **Adams, K.B.** (2005). Book review of Metteri, et al (2004), *Social Work Approaches in Health and Mental Health from Around the World*. *Families in Society*. 86(4), 597-598.

Peer-Reviewed Conference Presentations

1. **Adams, K.B.**, Smyth, K.A., Sanders, M., McClendon, M.J. & Catalani, N. (2011). *Key Outcomes of a Manualized Psycho-Educational Group Intervention for Dementia Caregivers*. Paper presented at the Society for Social Work and Research (SSWR) annual meeting, January, Tampa, FL.
2. Warner, C.W., **Adams, K.B.**, Roberts, A.R., Arendt, J. & Hansen, D. (2010). *Women and chronic illnesses: Coping, support, loneliness and depressive symptoms*. Late-breaking poster for the Gerontological Society of America Annual Meeting, November, 2010, New Orleans.
3. **Adams, K.B.** & Roberts, A.R. (2010). *Changes in activity and interest in the Third and Fourth Age: Associations with health, functioning and depressive symptoms*. Presentation at the Gerontological Society of America Annual Meeting, November, 2010, New Orleans.
4. Roberts, A.R. & **Adams, K. B.** (2010). *Systematic review of self-management of chronic illness interventions for older adults: A focus on gerontological social work practice*. Poster at the Gerontological Society of America Annual Meeting, November, 2010, New Orleans.
5. Choi, M. J., **Adams, K.B.** & Kahana, E. (2010). *Sociodemographic and Health Factors Influencing Driving Avoidance among Older Drivers*. Paper presentation, American Public Health Association Annual Meeting, Denver, CO., November, 2010.
6. **Adams, K.B.**, Gammonley, D., & Rogers, A. (2010). *Integration of EBP into Practice Courses without Losing the Focus on Practice*. Think Tank, CSWE Annual Program Meeting, October, 2010, Portland, OR.
7. **Adams, K.B.** & Moon, H. (2010). *Subthreshold depressed elders in congregate housing*. Symposium paper presentation at the Society for Social Work and Research (SSWR) 13th Annual Meeting, San Francisco.

8. **Adams, K.B.** & Moon, H. (2009). *Subthreshold depression among residents of congregate housing: Characteristics and symptoms*. Presentation at the Gerontological Society of America Annual Meeting, Atlanta, GA.
9. Baik, O. M., **Adams, K.B.** (2009). *Alcohol consumption patterns, problem drinking, and mental health outcomes among older adults in congregate living*. Presentation at the Gerontological Society of America Annual Meeting, Atlanta, GA.
10. Choi, M.J., **Adams, K.B.** & Kahana, E. (2009). *The impact of formal and informal transportation support on the decision making of driving cessation among community-dwelling older adults*. Presentation at the Gerontological Society of America Annual Meeting, Atlanta, GA.
11. **Adams, K.B.** & Roberts, A. R. (2009). *Positive adaptation, activity participation and spirituality: Effects of coping strategies on depressive symptoms among African American and white residents of congregate housing*. Poster presented at the Gerontological Society of America Annual Meeting, Atlanta, GA, and at Research ShowCASE at Case Western Reserve University, April, 2010.
12. **Adams, K.B.** (2009). *Testing the classification efficiency of the Geriatric Depression Scale items and five alternative depression items*. Poster presented at the Society for Social Work and Research (SSWR) 12th Annual Meeting, New Orleans, LA.
13. Choi, M.J., **Adams, K.B.** & Kahana, E. (2009). *What makes older drivers stop driving?* Poster presented at the Society for Social Work and Research (SSWR) 12th Annual Meeting, New Orleans, LA.
14. **Adams, K.B.**, Leibbrandt, S. & Moon, H. (2008). *Refining the Activity Theory of Aging: A Critical review of the recent literature*. Gerontological Society of America (GSA) Annual Meeting, Social Gerontology Award Finalist symposium presentation, National Harbor, MD.
15. **Adams, K.B.** (2008). *What can we learn from a stage framework on caregiving research?* Symposium paper, Gerontological Society of America (GSA) Annual Meeting, November, 2008, National Harbor, MD.
16. **Adams, K.B.** (2008). *Coping and Depressive Symptoms among African-American and White Residents of Congregate Housing*. Council on Social Work Education (CSWE) Annual Program Meeting, Gero-Ed Track, Philadelphia, PA.
17. Choi, M. & **Adams, K.B.** (2008). *A Conceptual Model of Driving Modification Process in Later Life Developed on the Basis of the Stress Paradigm*. Paper accepted for presentation at the 11th Stress Research Conference, Santa Fe, NM, May, 2008.
18. **Adams, K.B.**, Moon, H. & Leibbrandt, S. *Social Activity and Well-Being in Later Life: A Synthesis and Critical Review of the Literature*, (2007). Paper presented at the Gerontological Society of America (GSA) Annual Meeting, San Francisco.

19. **Adams, K.B.** & McClendon, M.J. *A Comparison of Depressive Symptom Endorsement and Factor Scores on the GDS-S by Cognitively Impaired and Cognitively Normal Older Adults*, (2007). Paper presented at the Gerontological Society of America (GSA) Annual Meeting, San Francisco.
20. **Adams, K.B.** & Leibbrandt, S. (2007). *Activity participation and well-being in later life: A critical review*. Paper presentation at the Society for Social Work and Research (SSWR) 11th Annual Meeting, San Francisco.
21. **Adams, K.B.** & McClendon, M. (2007). *Relational Losses and Quality of Relationship in the Alzheimer's Disease Caregiving Stress Process*. Poster presentation at the Society for Social Work and Research (SSWR) 11th Annual Meeting, San Francisco.
22. **Adams, K.B.** *Gerontological Social Work Direct Practice Curriculum: What's new? What works? What do social work students need to know?* (2006). Roundtable presentation at the Gerontological Society of America (GSA) Annual Meeting, Dallas, TX,
23. **Adams, K.B.** & McClendon, M. (2006). *Personal and relational losses in the dementia caregiving stress process*. Poster presented at GSA, Dallas, TX.
24. Smyth, K.A., Lambrix, M. & **Adams, K.B.** (2006). *Frequency of visits and caregiver depression after nursing home placement*. Poster presented at GSA, Dallas, TX.
25. Lambrix, M., Smyth, K.A., & **Adams, K.B.** (2006). *Predictors of long term care placement: Linking caregivers' pre- and post-placement concerns*. Poster presented at GSA, Dallas, TX.
26. **Adams, K.B.** & Lambrix, M. (2006). *The Effects of Personality on the Dementia Caregiving Trajectory*. Poster presented at the 4th Annual Gero-Ed Forum of CSWE, February 16-19, 2006, Chicago, IL.
27. **Adams, K.B.** (2005). *Early Dementia Caregivers Speak about Formal and Informal Supports*. Poster presented at the International Social Work Practice Research Symposium, Albany, NY.
28. **Adams, K.B.** & Sanders, S. (2005). *The Change in Activities and Interest Index in an Independent Living Sample*. Paper presented at the 3rd National Gerontological Social Work Conference, New York.
29. **Adams, K.B.** (2005). *Differences in Depressive Symptoms in Caregiver and Non-Caregiver Spouses*. Poster presented at the 9th Annual Society for Social Work and Research (SSWR) Conference, Miami, FL.
30. **Adams, K.B.** (2005). *The Transition to Caregiving: Impacts of Early Dementia on Marital and Family Relationships*. Paper presented at the 9th Annual Society for Social Work and Research (SSWR) Conference, Miami, FL.
31. **Adams, K.B.**, Smyth, K.A. & McClendon, M.J. (2004). *Mastery and Emotional Support as Mediators and Moderators of Depression in Dementia Caregiver and Non-Caregiver Spouses*. Paper presented at the 57th Annual Gerontological Society of America (GSA) Meeting, Washington, D.C.

32. **Adams, K.B.**, Matto, H.C. & Sanders, S. (2004). *A Confirmatory Factor Analysis of the Geriatric Depression Scale*. Poster presented at the 57th Annual Gerontological Society of America (GSA) Meeting, Washington, D.C.
33. **Adams, K.B.**, Sanders, S. & Auth, E. (2004). *Risk Factors of Depression and Loneliness in an Independent Living Retirement Community*. Paper presented at the 2nd Annual Gerontological Social Work Conference, Anaheim, CA..
34. Sanders, S. & **Adams, K.B.** (2004). *The Relationship between Grief and Depression in Caregivers of Individuals with Alzheimer's disease*. Paper presented at the 2nd Annual National Gerontological Social Work Conference, Anaheim, CA.
35. **Adams, K.B.** & Sanders, S. (2004). *Differences in Dementia Caregivers' Experience of Loss, Grief, and Depression in Three Stages of Alzheimer's disease: A Mixed-method Analysis*. Paper presented at the 8th Annual Conference of the Society for Social Work and Research, New Orleans, LA.
36. Sanders, S. & **Adams, K.B.** (2003). *Same or Different? Relationship between Grief and Depression in Caregivers of Individuals with Alzheimer's disease*. Poster presented at the 56th Annual Meeting of the Gerontological Society of America, San Diego, CA.
37. **Adams, K.B.** (2002). *Self-Rating of Health in Community-Dwelling Elders: A Complex Construct*. Paper presented at the 6th Annual Conference of the Society of Social Work and Research. San Diego, CA
38. **Adams, K.B.** (2001). *Changing Investment in Activities and Interests in Elders' Lives: Theory and Measurement*. Paper presented at 54th Annual Scientific Meeting of the Gerontological Society of America. Chicago, IL.
39. **Adams, K.B.** (2000). *The measurement of depression or normal aging? Multidimensionality of the Geriatric Depression Scale*. Poster presented at the 53rd Annual Scientific Meeting of the Gerontological Society of America. Washington, D.C.
40. Matto, H.C., **Adams, K.B.** & Harrington, D. (2000). *The Traumatic Stress Institute Belief Scale as a Measure of Vicarious Trauma: Confirmatory Factor Analysis in a National Sample of Clinical Social Workers*. Paper presented at the 4th Annual Meeting of the Society of Social Work and Research. Charleston, S.C.
41. **Adams, K.B.**, Thomas, E.J., Yoshioka, M.R., and Ager, R.D. (1988) *Relationship Enhancement in the Treatment of Spouses of Uncooperative Alcohol Abusers*. Paper presented at the 46th Annual American Association of Marriage and Family Therapy Conference. New Orleans, Louisiana.

Invited Presentations or Workshops

1. *Depression in Late Life: Assessment and Treatment*. GERO498 Class, Francis Payne Bolton School of Nursing, Case Western Reserve University, February 3, 2011.

2. *Subthreshold depression in older adults: Latest research on characteristics, measurement and practice implications.* Veterans Administration Medical Center Geriatric Continuing Education program, Cleveland, OH, April 30, 2010.
3. *Substance Abuse and Dual Disorders in Later Life.* Continuing Education presentation for Mental Health Fellows Program, MSASS, CWRU, October 26, 2009.
4. *Mental Health Issues in Later Life.* Continuing Education presentation for Neighboring, Inc., Mentor, Ohio, April 17, 2009.
5. *Mental Health Issues in Later Life.* Continuing Education presentation for the Mandel School of Applied Social Sciences Alumni Association, Nov. 17, 2008.
6. *Mental Health Issues in Long-term Care.* Continuing Education presentation for Care-One social workers, Cleveland, OH, April, 2008.
7. *Mothers and Daughters and Aging Successfully;* Presentations and discussion facilitation for the Case Western Reserve Women's Center, Shaker Heights, Fall, 2006 and Cleveland Heights, 2007.
8. *The Transition into Dementia Caregiving.* Veterans Administration Medical Center Geriatric Continuing Education program, Cleveland, OH, April 5, 2006.
9. *Innovations in Direct Practice Social Work with Older Adults.* Mandel School special continuing education presentation, January 9, 2006.
10. *Depression in Older Adults: Theory and Measurement.* Faculty colloquium, Mandel School. April, 2005.
11. *Grief and Loss among Dementia Caregivers.* Clinical and Behavioral Sciences Colloquium, University Memory and Aging Center, 2004.

Courses taught at Case Western Reserve University

Master's Program:

Human Development II: Adults and Older Adults (Spring, 2009; 2011)—The second course in the Human Behavior in the Social Environment sequence.

Integrative Seminar: Mental Health Practice with Adults (Spring, 2011, Intensive Weekend)—An advanced required course for students in the Adult Mental Health specialization, focused on the field of mental health practice and advanced case management and psychotherapeutic techniques.

Theories for Direct Social Work Practice (Fall, 2009)— A required course for direct practice advanced students that covers a number of important practice theories and their applications.

Direct Practice Methods and Skills (2006-2007) — A required course in foundation social work skills for direct practice with individuals and families.

Social Work with Older Populations (2003-Present) —Survey of clinical social work roles and methods with older adults, including work in long-term care, cognitive-behavioral and ego psychological methods with older clients, reminiscence therapy, dementia and death and dying

Mental Health Practice with Adults (2003-2006) —Advanced mental health methods course with focus on field of practice, psychodynamic theory and practice, cognitive-behavioral and case management approaches

Doctoral Program:

Theory and Research in Social Work Practice (2008 - Present)—An overview of the most common theoretical bases for social work direct practice in combination with the intervention research content of the Practice Applications course below.

Practice Applications (2005-2007) —An in-depth look at the state of intervention research in social work—how we evaluate studies, how clinical practice informs research and research informs clinical practice (e.g., practice guidelines, evidence-based practice), and a survey of some of the social work practice areas where the evidence base is strongest.

Mentoring of Doctoral Students:

Research Fellowship Mentor

Heehyul Moon, 2006-2008
Amy Restorick Roberts, 2008-2010
Minso Paek, 2009-2011
Jeong-Woo Lee, 2010-2011

Dissertation Advisor and Chair

Moon Choi, 2007-2010. Degree awarded: January, 2010.
Gloria Hegge, 2010-2011. Degree anticipated: September, 2011.
Amy Restorick Roberts, 2010-

Dissertation Committee Member

Lauren Stevenson, 2006-2008.
Helen Moll, 2006-
Gloria Hegge, 2007-
Nancy Amos, 2008-

Outside Committee Member

Elizabeth K. Stevens, Psychology, 2010-

Professional Activities and Honors

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| Editorial Board Member | <i>Journal of Gerontological Social Work</i> , 2010-2014 |
| Board Member-at-Large | AGE-SW (Association of Gerontology Education-Social Work) 2010-2011 |
| Member | Gerontological Society of America, 1999-present Society for Social Work and Research, 2000-present Council on Social Work Education, 2002-present National Association of Social Workers, 1988-present |

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| Finalist Nominee | 2008 Gerontological Society of America Social Gerontology Award Social Work Dissertation of the Year for the SSWR Annual Meeting, January, 2002 |
| Manuscript reviewer | <i>Families in Society</i> , 2004-2010 <i>American Journal of Geriatric Psychiatry</i> , 2005-2010 <i>The Gerontologist</i> , 2007-2010 <i>Journals of Gerontology—Psychological Sciences</i> , 2005-2009 <i>Aging and Mental Health</i> , 2005-2009 <i>Journal of Abnormal Psychology</i> , 2005 <i>Multivariate Behavioral Research</i> , 2005 <i>Psychology and Aging</i> , 2006-2009 <i>Dementia</i> , 2006 <i>Western Journal of Nursing Research</i> , 2007 <i>Research on Aging</i> , 2007 <i>Journal of Applied Gerontology</i> , 2008 <i>Journal of Gerontological Social Work</i> , 2009 <i>Personal Relationships</i> , 2009 <i>Ageing and Society</i> , 2010-2011 <i>International Psychogeriatrics</i> , 2009-2011 |
| Abstract reviewer | Council on Social Work Education Annual Program Meeting, 2005; 2008-2010 Gerontological Society of America, Annual Meeting Abstracts, 2007-2011 One Hundredth Anniversary of Alzheimer's disease conference, 2006 |
| Grants reviewer | Alzheimer's Association, 2004-2010 Case Western Reserve President's Fund Aging Pilot Projects, 2009 |
| Academic book proposal reviewer | Oxford University Press, 2006-present Wiley Publishers, 2008 Sage Publications, 2009-2010 |

Service to the School and University

The Mandel School of Applied Social Sciences

Director of the Office of Academic Assessment, 2010-2012
Member of Search Committee, Direct Practice position, 2009-2011
Member of Steering Committee (elected), 2008-2011
Direct Practice Theory Sequence Chair, 2008-present
Developer of Doctoral Qualitative Exam grading guide, 2008
Reviewer for the Arol Shack Doctoral Dissertation Award, 2007-2009
Member of Direct Practice Foundation Methods template development task force, 2006
Member of Doctoral Program Executive Committee (appointed), 2005-2011
Member of Curriculum Committee (elected), 2005-present
Reviewer for Doctoral Qualitative Exams, 2005-present
Member of Direct Practice curriculum task force, 2004-2005

University Memory and Aging Center (ADRC)

Member of Caregiving Core operations and research group, 2003-2007
Member of Faculty Associates steering committee, 2003-2007

Case Western Reserve University

Faculty Senate Committee on Women Faculty, 2004-2007;
Co-chair of Faculty Senate Committee on Women Faculty, 2005-2007
Faculty Senate Delegate, 2007-2011

Professional Experience

Adjunct Teaching:

Field Seminar (George Mason University, Arlington, VA, 2002-2003): Provided structured seminar along with advisory support and field supervision for first-year MSW students.

Foundation Research (Virginia Commonwealth University, Spring, 2003, and University of Maryland, Fall, 2001): Research design and methods for Master's degree students.

Approaches to Aging/Aging and Social Policy(University of Maryland, Fall, 1999; Spring, 2000 and Spring, 2001): Overview of social gerontology for MSW social work students; social policies in the U.S. affecting older adults and service implications for social work.

Human Behavior in the Social Environment (University of Maryland Baltimore County, Fall, 1998): Theories of human behavior and their applications across the life course, BSW program.

Social Work Experience:

Independent Researcher/Consultant/Item writer: Freelance writing and social work research consultation and collaboration on a per-project basis. (1995-97; 2001-2003).

Social Worker: The Hebrew Home of Greater Washington, Rockville, Maryland. (1992 - 1993; 20 hours/week.) Provided social work services on two residential units of a large long-term care facility, including psychosocial assessment, crisis intervention, family counseling, supportive individual therapy, group facilitation, and referral to community and Home resources.

Clinical Research Social Worker: The Marital Treatment Project, University of Michigan School of Social Work, Ann Arbor, Michigan. (February, 1988 - March, 1990; Full-time.) On this federally-funded project to evaluate the effectiveness of Unilateral Family Treatment with spouses of uncooperative alcohol abusers, (P.I: **Edwin J. Thomas**), I provided direct treatment according to the research protocol, participated in design of the study and of individual research instruments, screened clients, collected and analyzed data, and wrote reports for publication.

Clinical Social Worker: Community Mental Health Services of Lenawee County, Adrian, Michigan. (September, 1984 - February, 1988; Full-time.) Individual psychotherapy, family therapy, and case

management in the Outpatient Department with adults and children. Crisis intervention and new client assessment.